



First Aid Manual 10th Edition P95145 SJA75511

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Overview

St John Ambulance (A5) First Aid Manual 10th Edition (Single)

Written and authorised by the UK's leading first aid providers, and endorsed by St John Ambulance, St Andrew's First Aid and the British Red Cross, this 10th edition first aid manual is packed with step-by-step first aid advice.

Used by many organisations as a first aid training guide, this bestselling manual covers many aspects of first aid, including, emergencies, resuscitation, and first aid for babies and children.

Step by step photography helps illustrate how to treat over 100 different conditions including splinters, sprained ankles, strokes and unconsciousness.

Great for offices, or keeping at home, the manual comes in a handy 148 x 210mm flexiback cover.

- First aid manual endorsed by St John Ambulance, St Andrew's First Aid and the British Red Cross
- 10th edition is packed with step-by-step first aid advice
- Advice on how to treat over 100 conditions
- Keep in the office, at home, or use for training
- Flexiback covers
- Size: A5